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#OP12FV



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**Hydrolyzed Collagen 5mg/2ml**

Medical device based on low molecular weight collagen peptides (LWPs). It is a ready-to-use injectable solution for the structural strengthening of connective tissues. Produced by Tiss'You.



**Knee Osteoarthritis**

II-III Kellgren-Lawrence grade



**Knee Injection**

Outpatient treatment



**20 patients**

34-73 years



**Up to 12 months**

of follow-up

**Background**

Osteoarthritis is a degenerative disease that affects joints, resulting in pain and limited mobility. Treatments range from physical work and NSAIDs administration to major surgeries; in this gap there are several minimally-invasive approaches that mostly consist in intra-articular injections, either of molecules, i.e., hyaluronic acid, or autologous blood- or fat-derived cells.

Indeed, the regenerative medicine protocols gained enormous consent in the past years, although results are dependent on the high individual

variability of each patient, e.g., age, BMI, gender, smoke-habits, tissue characteristics.

Collagen peptides are a novel biological approach "from the bench" that can rely on high standardization. The low molecular weight peptides (LWPs) are obtained from the hydrolytic fragmentation of bovine collagen (Tiss'You, Republic of San Marino). LWPs can spread into the joint environment, acting as a direct reinforcement of the extracellular matrix of connective tissues deteriorated by degenerative, inflammatory, or traumatic events.

**Methods**

In this prospective study, the effectiveness and safety of a LWPs for the treatment of knee osteoarthritis were investigated. The device, comprising Hydrolyzed Collagen at a concentration of 5mg/2ml, was administered via intra-articular injections to 20 outpatient participants, aged between 18 and 55 years, who had knee osteoarthritis of Kellgren-Lawrence grade II-III.

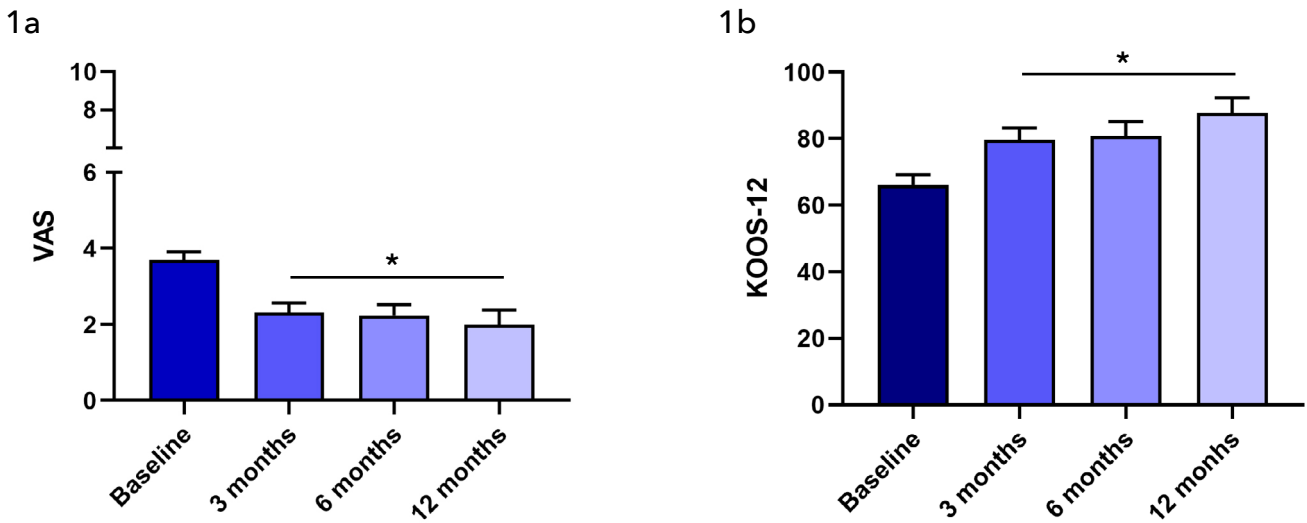
The patients were interviewed at baseline, 3, 6, and 12 months to assess pain levels (assessed through Visual Analog Scale - VAS) and knee function (evaluated using KOOS-12 questionnaire). Data analysis was conducted using repeated measures analysis of variance (ANOVA) to assess changes in VAS and KOOS-12 scores over time.

## Results

At three months, pain alleviation was reported in all patients, and it persisted during all subsequent visits (Fig 1a).

The treated group also showed a significant functional improvement, with the best outcomes at one year (Fig 1b). There was continuous pain alleviation and functional improvement.

Low Molecular Weight Hydrolyzed Collagen Peptides (Arthrys 5) were administered to patients only once, and the effects persisted throughout the duration of the entire investigation. This implies that LWPs are a short- and long-term effective treatment for osteoarthritis. The lack of reported adverse events confirms the safety of this treatment.



**Figure 1.** Mean VAS pain score (a) and KOOS-12 functional score (b) (n=20) before and after Arthrys treatment.

Errors bars show SEM; \*p vs. Baseline < 0.01



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